BAR ANALYSIS:

30 COMPETITORS/35 SKILLS

RANKED BY USAGE

GIANT	57	190%	HS
KIP	46	153%	M
LONG HANG KIP	42	140%	S
STOOP ON LOW	23	77%	M
CAST HANDSTAND	15	50%	S
DOUBLE BACK	12	40%	AHS
BACK HIP CIRCLE	11	37%	M
LAYOUT SALTO	10	33%	HS
"PENDEL" KIP	8	27%	S
KIP TURN	7	23%	M
TOE-CATCH HIGH	7	23%	HS
FREEHIP HANDSTAND	5	17%	HS
LEG CUTS	5	17%	S
CAST HANDSTAND 1/2T	4	13%	HS
FREEHIP HANDSTAND 1/2T	4	13%	AHS
LAYOUT SALTO 1/1	4	13%	AHS
TOE CIRCLE HANDSTAND	3	10%	HS
STRADDLE BACK	3	10%	S
BACKUPRISE TO SUPPORT	0	0%	HS
FREEHIP CIRCLE	1	3%	S

GIANT 1/2 TURN	3	10%	AHS
HALF TURN OVER LOW BAR	3	10%	HS
HS 1/2 TURN OVER LOW BAR	3	10%	AHS
STRADDLE BACK - HS	2	7%	AHS
TOE FRONT	2	7%	AHS
GIANT (UNDERGRIP)	1	3%	AHS
GIANT PIROETTE	1	3%	AHS
HS 1/2 TO HS LOW BAR	1	3%	AHS+
1/2 T OVER LB TO HANDSTAND	1	3%	HS
PAC SALTO	1	3%	AHS
DROP KIP	1	3%	S
STALDER CIRCLE TO HS	1	3%	AHS
TOE FRONT 1/2	1	3%	AHS
FRT LAYOUT WITH 1/2T	1	3%	HS

BAR ANALYSIS:

30 COMPETITORS/35 SKILLS

	#	% PERF	VALUE
KIPS			
KIP	46	153%	M
KIP TURN	7	23%	M
LONG HANG KIP	42	140%	S
"PENDEL" KIP	8	27%	S
HANDSTANDS			
CAST HANDSTAND	15	50%	S
CAST HANDSTAND 1/2T	4	13%	HS
FREEHIP HANDSTAND	5	17%	HS
FREEHIP HANDSTAND 1/2T	4	13%	AHS
TOE CIRCLE HANDSTAND	3	10%	HS
GIANT	57	190%	HS
GIANT 1/2 TURN	3	10%	AHS
GIANT (UNDERGRIP)	1	3%	AHS
GIANT PIROETTE	1	3%	AHS
RELEASES			
LEG CUTS	5	17%	S
TOE-CATCH HIGH	7	23%	HS
STRADDLE BACK	3	10%	S
STRADDLE BACK - HS	2	7%	AHS
HALF TURN OVER LOW BAR	3	10%	HS
HS 1/2 TURN OVER LOW BAR	3	10%	AHS
HS 1/2 TO HS LOW BAR	1	3%	AHS+
1/2 T OVER LB TO HANDSTAND	1	3%	HS
PAC SALTO	1	3%	AHS
DROP KIP	1	3%	S
OTHER BAR SKILLS			
BACK HIP CIRCLE	11	37%	M
FREEHIP CIRCLE	1	3%	S
STOOP ON LOW	23	77%	M
STALDER CIRCLE TO HS	1	3%	AHS
BACKUPRISE TO SUPPORT	0	0%	HS

DISMOUNTS

LAYOUT SALTO	10	33%	HS
LAYOUT SALTO 1/1	4	13%	AHS
DOUBLE BACK	12	40%	AHS
TOE FRONT	2	7%	AHS
TOE FRONT 1/2	1	3%	AHS
FRT LAYOUT WITH 1/2T	1	3%	HS

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GIANT PIROETTE	1	3%	AHS
HS 1/2 TO HS LOW BAR	1	3%	AHS+
1/2 T OVER LB TO HANDSTAND	1	3%	HS
PAC SALTO	1	3%	AHS
DROP KIP	1	3%	S
FREEHIP CIRCLE	1	3%	S
STALDER CIRCLE TO HS	1	3%	AHS
TOE FRONT 1/2	1	3%	AHS
FRT LAYOUT WITH 1/2T	1	3%	HS
BACKUPRISE TO SUPPORT	0	0%	HS